

# The Message Gathering

## Spiritual Checkup

### 2 Corinthians 13:5 (NIV)

Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you--unless, of course, you fail the test?

### Finding Your Personal Spiritual Rating (PSR):

On A Scale Of 1-10 (1 being least and 10 being most)

- How much time are you currently spending with God?
- How much time do you spend reading God's Word?
- How much time do you spend studying God's Word?
- How are you doing in the area of giving your material wealth to those in need?
- How are you doing in the area of giving your time to help, listen to, and share His Truth with unbelieving people?
- How much time are you spending discipling another person?

### Finding Your Personal Spiritual Rating (PSR):

- **Step 1:** Add Your Question Rating Numbers Together
- **Step 2:** Divide That Answer By 6

### Top Score 60

**51- 60** - You Are Firing On All Cylinders!

**41 - 50** - You Are Doing Pretty Well!

**31 - 40** - You Need To Refocus!

**21 - 30** - You Need To Reconnect!

**11 - 20** - You Need To Make Some Serious Changes!

**0 -10** - You Need To Make Sure You Actually Know Jesus!

**Questions:**

- Of the areas above; Connection, Reading, Studying, Giving, Discipling, which one are you doing best with, and which one needs the most work?
- Share the specific amount of time connecting with God that you believe is necessary to increase your Personal Spiritual Rating.
- Share the specific amount of time spent Reading God's Word that you believe necessary to increase your Personal Spiritual Rating.
- List 3 habits that are stopping you from increasing your PSR.
- List 3 habits must you become more disciplined in to increase your PSR?
- What one habit would you be willing to be accountable to another person?
- List the top 3 things you must do this coming week to increase your Personal Spiritual Rating.